

**New Edge Health**  
IMPROVING THE HEALTH OF AMERICANS

# The New Edge Health Solution:

## Coaching + Prescription for a Healthier You

*Taking charge of your health can feel overwhelming, but with the right support, meaningful change is within reach.*

We make it easy to get your health on track.  
It's as simple as 1-2-3!

**1**

**Scan the code** to log into your Member Portal, explore program details, and complete your quick and easy registration.

**2**

**Meet with the Physician:** Once qualified you will be scheduled to meet with your dedicated medical professional via Telehealth visits, to receive your program plan and get your medication delivered to your home.

**3**

**Extra Support, Every Month:** Our nurse health coaches will meet with you monthly to build a personalized plan and provide the guidance, education and encouragement you need to be successful on your health and well being journey!

### HOW DOES IT WORK?

The program includes medications that are GLP-1 agonist (i.e. Semaglutide or Tirzepatide) for appropriate candidates. They work by curbing hunger, making you feel fuller faster and longer. Studies show average weight loss to be 15% of your total body weight.\*

Your qualification for this customized medication will be based upon the determination of your supervising telehealth medical professional.

\*Results may vary

### What's included in your total package of support:

- Semaglutide for ONLY \$249 a month!
- Tirzepatide for ONLY \$420 a month!
- Monthly virtual visits with a physician
- Monthly coaching sessions to help you stay on track

*New Edge empowers you with a proven health solution, affordable through your employer's plan.*

### What Makes New Edge Special?

*"It's the Coaching that Makes the Difference."*

- Personalized monthly coaching sessions with **your dedicated AHDI Healthcare Nurse Navigator™ Coach**
- Ongoing support tailored to your health goals
- Guidance every step of the way

**New Edge: A Healthier You Starts Here**